

Monday

Sacramento 10:00am
 Strategies for Change North - Staff hwyw
 4441 Auburn Blvd, Suite E Conf rm [map](#)

Sacramento 4:15pm
 Strategies for Change South - Staff hwyw
 4343 Williamsborough Dr [map](#)

Sacramento 7:00pm
 The Effort Residential House closed

Tuesday

Sacramento 10:00am
 Strategies for Change North - Staff hwyw
 4441 Auburn Blvd, Suite E Conf rm [map](#)

Sacramento 4:15pm
 Strategies for Change South - Staff hwyw
 4343 Williamsborough Dr [map](#)

Sacramento 7:30pm
 Kaiser Watt - Stan K/Paul O hwyw
 2829 Watt Blvd, Suite 150, rm 2 [map](#)

Thursday

Sacramento 10:00am
 Strategies for Change North - Staff hwyw
 4441 Auburn Blvd, Suite E Conf rm [map](#)

Folsom 7:00pm
 Kaiser Folsom - Stan K hwyw
 2155 Iron Point Rd, 2nd floor, [map](#)
 Occupational Health waiting area

Friday

Sacramento 4:25pm
 Strategies for Change South - Staff hwyw
 4343 Williamsborough Dr [map](#)

Elk Grove 6:00pm
 Raley's - Lisa hwyw
 4900 Elk Grove Blvd, event rm [map](#)

Saturday

Fair Oaks 9:00am
 Raley's - staff hwyw
 4840 San Juan Ave, event rm [map](#)

Saturday - 1st and 3rd Saturday only

Orangevale 10:00am
 New Dawn - Johnny G closed

Sunday

Roseville 10:00am
 Raleys - staff hwyw
 1915 Douglas Blvd, event rm [map](#)

Natomas 11:00am
 Raley's - Staff hwyw
 4650 Natomas Blvd, event rm [map](#)

Conveners:

Harold M, Harold@lifering.org, 916-282-9996

Stan K, Stanistan@gmail.com, 916-802-0353

Strategies for Change South, 916-395-3552

Strategies for Change North, 916-473-5764

Bob O, Bobomonundro@yahoo.com, 916-91

Lisa, LifeRingSouthSac@yahoo.com

Johnny G, Johnnygreenhaw@yahoo.com, 916-382-6612

Meeting formats: hwyw = How Was Your Week,
 closed = Closed to the general public, Varies = unique
 format., Topic = specific topic